

Supplements for Summer

With a focus on Muscle Relax



Winner: Hardest-to-Explain Formula

- Not a “calcium supplement” for building bones
- Specific form of calcium: **calcium lactate**
- Lots of uses you might not expect!



Muscle Relax*†

- **Relieves occasional nighttime leg cramps**
 - helps legs relax and rest at night*†
- **Calms the nervous system** and supports healthy nerve signaling*
- **5 to 1 ratio of calcium to magnesium**, to replenish calcium lost from soft tissues due to exertion, stress, and excessive sun exposure*

Employee
Favorite!



SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per 1 Capsule (Veg):		%DV
Calcium (from calcium lactate)	83 mg	6%
Magnesium (from magnesium citrate)	16 mg	4%
Zinc (from TRAACS™ zinc bisglycinate chelate)	2 mg	18%

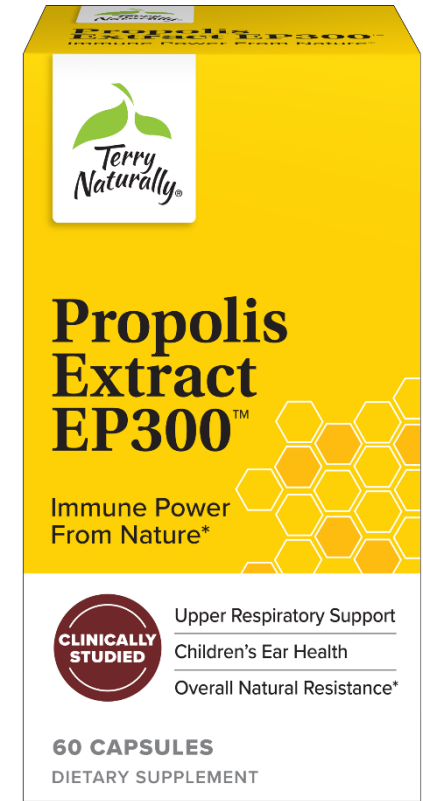
Recommendations: Adults and children (ages 4 and up): 1 capsule daily.

†Relief of occasional muscle cramps due to exercise or overuse

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Propolis Extract

- **Featuring EP300™ Propolis**
 - Patented method filters out inactive resins and wax
 - Produced with a commitment to bee-friendly practices and healthy hives
- **Clinically studied**
- **For upper respiratory function and immune health***
- **Great for kids, or try GammaSorb® chewable tablets**



SUPPLEMENT FACTS		
Serving Size: 1 Capsule		
Servings Per Container: 60		
Amount Per 1 Capsule (Veg):		%DV
Concentrated Bee Propolis Extract (EP300™)	200 mg	**
**Daily Value (DV) not established		

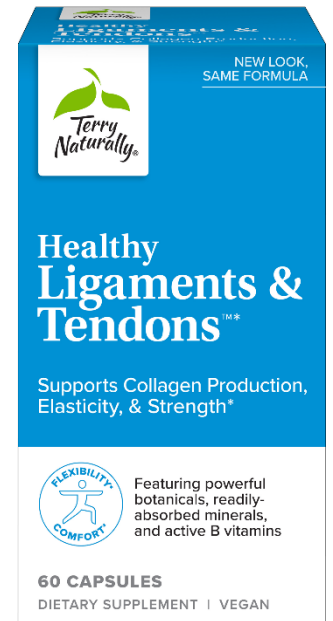
Recommendations: 1 capsule daily, may increase to 1 capsule twice daily for additional support.

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Healthy Ligaments and Tendons

- Supports ligament and tendon elasticity and strength*
- Manganese plus other key vitamins, minerals, and nutrients
 - For flexible, elastic connective tissue, especially in the hands, wrists, elbows, shoulders, knees, and heels.*
- Pair with Arthocin and/or Curamin

**Ligaments connect bone to bone;
Tendons connect muscle to bone**



SUPPLEMENT FACTS		
Serving Size: 2 Capsules		
Servings Per Container: 30		
Amount Per 2 Capsules (Veg):	%DV	
Vitamin C (as ascorbic acid)	300 mg	333%
Niacin (Vitamin B3) (as niacinamide)	200 mg NE	1,250%
Vitamin B6 (as pyridoxal-5-phosphate)	40 mg	2,353%
Vitamin B12 (as methylcobalamin)	500 mcg	20,833%
Magnesium (from TRAACS® Magnesium Bisglycinate Chelate Buffered and Magnesium Oxide)	75 mg	18%
Zinc (from TRAACS® Zinc Bisglycinate Chelate)	10 mg	91%
Manganese (from TRAACS® Manganese Bisglycinate Chelate)	36 mg	1,565%
Boswellia (<i>Boswellia Serrata</i>) Gum Resin Extract (BOS-10™/BosPure®) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids	250 mg	**
Bromelain (2,400 GDU/g)	100 mg	**

** Daily Value (DV) not established

Recommendations: Take 3 capsules daily. May take as 1 capsule 3 times daily.

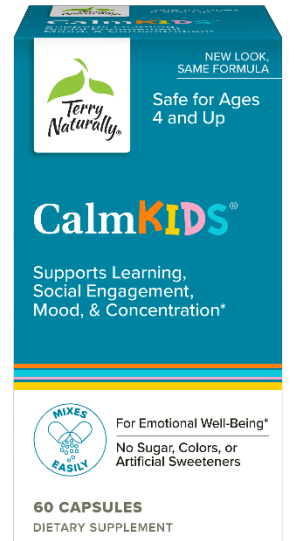
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Calm Kids®

Supports Mental Focus, A Calm Mind, & Emotional Well-Being*

- Safe, effective, and unique combination of nutrients that support healthy brain function and enhance feelings of well-being for children
- Simple and safe
 - Easily mixes into food and drinks
 - Safe for children ages 4 and up
- Delivers the right nutrients to:
 - Calm the mind
 - Help maintain healthy focus and brain function
 - Support learning and social engagement
 - Enhance emotional tranquility*

Features DHA
from algae



SUPPLEMENT FACTS		
Serving Size: 1 Capsule Servings Per Container: 60		
Amount Per 1 Capsule (Veg):	%DV	
Vitamin B6 (as pyridoxine HCl)	5 mg	294%
<i>life'sDHA</i> ™ (from algae)	100 mg	**
DMAE Bitartrate	50 mg	**
Phosphatidylserine (from sunflower lecithin)	30 mg	**
Rhodiola (<i>Rhodiola rosea</i>) Root Extract standardized to contain ≥ 3% rosavins and ≥ 1% salidroside	25 mg	**
French Grape (<i>Vitis vinifera</i>) Seed Extract (VX1®) standardized to contain ≥ 99% polyphenols and ≥ 80% OPCs (Tannin Free)	25 mg	**
L-Tyrosine	25 mg	**
N-Acetyl Cysteine (NAC)	15 mg	**
L-Taurine	15 mg	**
**Daily Value (DV) not established		

Recommendations: Ages 4 and up, start with 1 capsule daily and increase dosage every few days until the desired response is achieved. Do not take more than 8 times daily. Capsule may be opened and contents mixed with food or drink.

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Traumaplant

- Clinically proven comfrey cream
- Easy to Use
 - Non-staining and non-greasy
 - Herbal scent
- Ideal for adults and kids (ages 4 and up)
- PA free!
 - Extracted from the flowers and leaves, free of *pyrrolizidine alkaloids*, naturally occurring plants compounds harmful to the liver



20 published studies including 4 randomized, double-blind trials

Directions: Apply liberally several times daily, or as often as desired.